

Menu Week 1

Meal Period		Monday 4 May 2026	Tuesday 5 May 2026	Wednesday 6 May 2026	Thursday 7 May 2026	Friday 8 May 2026
Breakfast		Herbal mee hoon soup served with fish balls, fish cake, spring onion, and fried shallots	Toast bread with pandan kaya	Chinese fried rice with long beans topped with shredded egg	Mini egg and lettuce sandwiches	Fried nissin noodles
	Beverage	Warm milo	Full cream milk	Herbal tea	Soya	Warm barley
Lunch		Steamed white rice Steamed herbal chicken Chinese style Siew pak choy with oyster sauce	Steamed white rice Fish curry with long beans, lady finger, and eggplant Sautéed round cabbage with garlic	Sautéed pasta with tomato concassé Pan-seared chicken breast with herbs Cauliflower topped with shredded carrots	Fettuccine pasta served with carbonara cream sauce Oven-baked whole chicken with oregano Stir-fried green vegetables with garlic	Spaghetti with mushroom cream sauce Roasted chicken with gravy Assorted green vegetables
	Dessert/Fruit	Watermelon	Apple	Jelly	Orange	Mix fruits

Menu Week 2

Meal Period		Monday 11 May 2026	Tuesday 12 May 2026	Wednesday 13 May 2026	Thursday 14 May 2026	Friday 15 May 2026
Breakfast		Chee cheong fun	Nasi Lemak with condiments Fried Tempeh	Pumpkin chicken porridge	Butter marble cake	Stir-fried udon noodles with vegetables
	Beverage	Warm milo	Full cream milk	Herbal tea	Soya	Warm barley
Lunch		Steamed white rice Roasted honey chicken Chinese style Fresh cucumber with coriander	Steamed white rice Japanese tofu with chicken Braised firm tofu with mushrooms	Chicken Bolognese pasta Homestyle garlic bread Assorted garden salad with dressing	Steamed white rice Dory fillet with Kung Pao-style sauce Yau mak with fried garlic oil	Steamed white rice Sweet and sour chicken cubes Sautéed broccoli
	Dessert/Fruit	Watermelon	Apple	Jelly	Orange	Mix fruits

Menu Week 3

Meal Period		Monday 18 May 2026	Tuesday 19 May 2026	Wednesday 20 May 2026	Thursday 21 May 2026	Friday 22 May 2026
Breakfast		Japanese fried rice with tamago	Homemade mini chocolate muffins	Fried kuey teow	Mini tuna sandwiches	Wantan noodles served with BBQ chicken Steamed choy sum
	Beverage	Warm milo	Full cream milk	Herbal tea	Soya	Warm barley
Lunch		Homemade pizza topped with assorted fillings and cheese Fried French fries Coleslaw salad with raisins	Nasi minyak Chicken rendang with potatoes Sautéed green vegetables	Steamed white rice Nestum chicken Assorted green vegetables	Steamed shallot rice Homestyle chi kut tea chicken Sautéed mixed vegetables with garlic	Breaded fish and chips Fried French fries Homemade coleslaw salad
	Dessert/Fruit	Watermelon	Apple	Jelly	Orange	Mix fruits

Menu Week 4

Meal Period		Monday 25 May 2026	Tuesday 26 May 2026	Wednesday 27 May 2026	Thursday 28 May 2026	Friday 29 May 2026
Breakfast		Cantonese-style fried noodles	Pumpkin soup with garlic bread	Public Holiday	White Singapore fried mee hoon	Pineapple fried rice
	Beverage	Warm milo	Herbal tea		Soya	Warm barley
Lunch		Steamed white rice Chinese tomato omelette with chicken Sautéed choy tam	Japanese udon noodles Naruto fish cake, sliced leeks, wakame served with miso soup with soft bean curd		Fragrant steamed rice Szechuan-style chicken Braised eggplant	Ramly-style chicken burger served with tomato, cucumber and lettuce Fried French fries Homestyle coleslaw salad
	Dessert/Fruit	Watermelon	Apple		Orange	Orange