## Menu Week 1

Meal Period		Monday 5 January 2026	Tuesday 6 January 2026	Wednesday 7 January 2026	Thursday 8 January 2026	Friday 9 January 2026
Breakfast		White Singapore fried mee hoon	Japanese fried rice with tamago	Chicken porridge	Mini tuna sandwiches	Nasi lemak with condiments
	Beverage	Homemade herbal tea	Warm milo	Homemade herbal tea	Full cream milk	Soya bean milk
Lunch		Steamed white rice Braised chicken with potato Bean curd with mixed vegetables	Penne pasta with tomato pronto Baked whole chicken with herb sauce Sautéed green vegetables with oyster sauce	Butter rice Chicken Marsala with chickpeas Steamed ladyfinger Sautéed tamarind cabbage with saga seeds	Steamed white rice Sweet and sour fish fillet Sautéed long beans with garlic	Japanese udon noodles Miso soup with wakame, Naruto fish cake, and sliced leek Tempura crumble Teppanyaki vegetables Pumpkin tempura vegetables
	Dessert/Fruit	Jelly	Red apple	Jelly	Red apple	Watermelon

## Menu Week 2

Meal Period		Monday 12 January 2026	Tuesday 13 January2026	Wednesday 14 January 2026	Thursday 15 January 2026	Friday 16 January 2026
Breakfast		Cantonese yee mee	Potato curry puff	Chee cheong fun with fu chok	Homemade butter cake	Fried mee mamak
	Beverage	Homemade herbal tea	Warm barley	Homemade herbal tea	Full cream milk	Soya bean milk
Lunch		Steamed white rice Rendang chicken with potato Cucumber, onion and pineapple Pickled vegetables	Pasta with mushroom cream sauce Deep-fried popcorn chicken Sautéed mixed vegetables with garlic	Steamed white rice Kong poh style chicken Sautéed long cabbage with carrot	Steamed white rice Steamed fish with black bean sauce Mixed vegetables Chinese style with black fungus	Pandan steamed white rice Nonya-style curry chicken Stir-fried long beans
	Dessert/Fruit	Watermelon	Orange	Watermelon	Jelly	Orange

## Menu Week 3

Meal Period		Monday 19 January 2026	Tuesday 20 January 2026	Wednesday 21 January 2026	Thursday 22 January 2026	Friday 23 January 2026
Breakfast		Home-baked banana cake	Chinese-style fried rice	Roti canai with dhal	Mushroom soup served with soft roll	Fried Nissin noodles
	Beverage	Full cream milk	Warm barley	Chrysanthemum tea	Warm milo	Soya bean milk
Lunch		Steamed white rice Saucy steamed fish fillets Broccoli with shallot oil	Spaghetti mushroom aglio e olio Deep-fried chicken KFC style Sautéed broccoli florets with garlic	Steamed white rice Szechuan-style chicken Braised eggplant	Nasi tomato Ayam masak merah Cucumber, onion and pineapple pickle	Fish & Chips Coleslaw Deep-fried French fries
	Dessert/Fruit	Watermelon	Orange	Jelly	Watermelon	Orange

## Menu Week 4

Meal Period		Monday 26 January 2026	Tuesday 27 January 2026	Wednesday 28 January 2026	Thursday 29 January 2026	Friday 30 January 2026
Breakfast		Chinese-style braised loh mee	Nasi goreng kampung Malay style	English breakfast	Seremban fish ball noodles	French toast with apple syrup
	Beverage	Homemade herbal tea	Warm barley	Full cream milk	Chrysanthemum tea	Full cream milk
Lunch		Steamed white rice Buttermilk chicken Sautéed mixed vegetables with garlic	Home-style white curry mee Steamed chicken, long bean, tofu pop, and bean sprouts	Steamed white rice Deep-fried fish fillet with salted egg Siew pak choy with oyster sauce	Steamed white rice Melaka-style ponte chicken with potato Sautéed siew pak choy with oyster sauce	Homemade pizza Topped with assorted fillings and cheese Deep-fried French fries
	Dessert/Fruit	Jelly	Orange	Watermelon	Red apple	Orange