Menu week 1

Mea	al Period	Monday 1 September 2025	Tuesday 2 September 2025	Wednesday 3 September 2025	Thursday 4 September 2025	Friday 5 September 2025
Breakfast			Chinese-style fried rice with chicken cubes, Shredded egg, and topped with lettuce	Singapore fried mee hoon served with Home-style crackers	Wantan noodles served with BBQ roasted chicken and side vegetables	
	Beverage		Warm barley	Homemade herbal tea	Warm milo	
Lunch		Replacement Day	Steamed white rice, Malay-style honey chicken with sesame, braised bean curd with mushroom	Steamed Jasmine white rice, Jawa-style chicken in thick soy sauce, sautéed long beans with garlic	Home-style chicken slider, deep-fried French fries, garden salad with dressing, cucumber yogurt salad	Prophet Muhammad's Birthday
	Fruit		Watermelon	Jelly	USA red apple	

Menu Week 2

Meal Period		Monday 8 September 2025	Tuesday 9 September 2025	Wednesday 10 september2025	Thursday 11 September 2025	Friday 12 September 2025
Breakfast		Hong Kong noodles with fish cake and vegetables in egg gravy	Chinese fried rice topped with shredded egg, spring onion, and crackers	Braised zha jiang noodles served with shredded cucumber	Homemade pumpkin soup served with French loaf	Chicken congee served with fried vermicelli, fried shallot, and spring onion
	Beverage	Warm milo	Warm barley	Homemade herbal tea	Full cream milk	Soya bean milk
Lunch		Steamed white rice, deep-fried chicken popcorn with dip, stir-fried petola with chopped egg	Steamed white rice, chicken curry with potato, choy tam with oyster sauce	Japanese Udon noodles, miso soup, wakame, naruto fish cake, sliced leek, tempura crumble, teppanyaki vegetables, pumpkin tempura	Penne pasta Provençal, roasted chicken with sautéed onion, roasted assorted vegetables, deep-fried potato wedges	Nasi minyak, chicken rendang with potatoes, acar cucumber and pineapple, deep-fried hard beancurd with Thai sauce
	Fruit	Watermelon	Orange	Jelly	USA red apple	Watermelon

Menu Week 3

Mea	l Period	Monday 15 September 2025	Tuesday 16 September 2025	Wednesday 17 September 2025	Thursday 18 September 2025	Friday 19 September 2025
Breakfast				Japanese fried rice with tamago, topped with spring onion	Mushroom soup served with Soft roll	Fried Nissin noodles with fish cake, bean sprouts with chili paste
	Beverage	Malaysia Day	Malaysia Day	Homemade herbal tea	Soya bean milk	Soya bean milk
Lunch		маауза Бау	Mulaysia Day	Spaghetti pasta with creamy mushroom, baked chicken breast with demi-glace, sautéed mixed vegetables with butter	Steamed white rice, Kong Poh-style chicken cubes, assorted vegetables	Home-style chicken tortilla wrap, mashed potato with gravy, garden salad with dressing
	Fruit			Jelly	USA red apple	USA red apple

Menu Week 4

Meal Period		Monday 22 September 2025	Tuesday 23 September 2025	Wednesday 24 September 2025	Thursday 25 September 2025	Friday 19 September 2025
Breakfast		Braised Hokkien noodles with fish cake, assorted vegetables, and topped with fried shallot	Kampung fried rice with water spinach and chicken cubes	Fried Maggi mee served with bean sprouts and fish cake, topped with egg	English breakfast with scrambled egg, baked beans, sausage, and triangular baked bread sticks	Pandan nasi lemak with traditional condiments, and crispy deep-fried tempeh
	Beverage	Warm milo	Warm barley	Homemade herbal tea	Full cream milk	Soya bean milk
Lunch		Nasi briyani served with tandoori chicken, cucumber salad, papadom crackers, and dalca sauce, sautéed tamarind round cabbage	Steamed white rice, deep-fried KFC chicken, siew pak choy with oyster sauce	Home-style mini slider served with French fries, home-style coleslaw salad, garden green salad with dressing	Steamed fragrant white rice, steamed herbal chicken with red dates, herbs, and goji berries, served with Chinese-style mixed vegetables	Sautéed pasta with chicken and vegetables in oregano tomato purée, roasted chicken with light pepper sauce, and stir-fried green vegetables
	Fruit	Watermelon	Orange	Jelly	USA red apple	Watermelon

Menu Week 5

Mea	al Period	Monday 29 September 2025	Tuesday 30september 2025
Breakfast		Hong Kong yee mee noodles with fish cake and assorted vegetables in egg sauce	Thai fried rice served with onion sambal, crispy crackers, and sliced spring onion
	Beverage	Soya bean milk	Warm barley
Lunch		Tomato rice, spicy tomato chicken, cucumber and onion pickle, sautéed cabbage	Pasta with mushroom aglio olio, pan-seared chicken breast with crushed pepper sauce, and baked casserole vegetables
	Fruit	Watermelon	Orange