

Menu Week 1

Meal Period		Monday 9 June 2025	Tuesday 10 June 2025	Wednesday 11 June 2025	Thursday 12 June 2025	Friday 13 June 2025
Breakfast	Meal Plan	Nasi lemak with condiment	Pumpkin chicken poridge	Fried mee hoon	Cheese melt toast	Wonton mee with BBQ chicken
	Beverage	Warm milo	Warm barley	Homemade herbal tea	Full cream milk	Soya bean milk
Lunch	Meal Plan	Steam white rice Roasted chicken with black pepper sauce Mix vegetable	Steam white rice Deep fried chicken - KFC Assorted mix vegetable	Spaghetti pasta with mushroom aglio olio Teriyaki chicken with soya Stir fried cabbage	Fragrant chicken rice Roasted BBQ chicken serve with ginger chili Local lettuce with garlic	Fish and chips Coleslaw French fries
	Drinks Fruit/Dessert	Warm water Watermelon	Warm water Orange	Warm water Jelly	Warm water USA red apple	Warm water Watermelon

Menu Week 2

Meal Period		Monday 16 June 2025	Tuesday 17 June 2025	Wednesday 18 June 2025	Thursday 19 June 2025	Friday 20 June 2025
Breakfast	Meal Plan	Cantonese yee mee	Zha jiang noodles	Thai fried rice	Roti canai with dhal	Fried loh shu fun
	Beverage	Warm milo	Warm barley	Homemade herbal tea	Full cream milk	Soya bean milk
Lunch	Meal Plan	Steam white rice Deep fried fish fillet with salted egg Siew pak choy with oyster sauce	Japenese ramen Japanese naruto/leek/fried shallot /miso soup Japanese style teppanyaki vegetable	Homemade tortilas wrap with chicken Assorted salad with dressing French fries	Mushroom rice Nyonya chicken stew Local choy sum with garlic	Steamed white rice Rendang chicken with potato Sauteed chinese cabbage with dried mushroom
	Drinks Fruit/Dessert	Warm water Watermelon	Warm water Orange	Warm water Jelly	Warm water USA red apple	Warm water Watermelon

Menu Week 3

Meal Period		Monday 23 June 2025	Tuesday 24 June 2025	Wednesday 25 June 2025	Thursday 26 June 2025	Friday 27 June 2025
Breakfast	Meal Plan	Taiwan style fish ball soup	Fried mee mamak	Nasi goreng kampung	Fried Kuey teow	Awal Muharram
	Beverage	Warm barley	Warm barley	Homemade herbal tea	Full cream milk	
Lunch	Meal Plan	Steam white rice Steam fish with chili bean sauce Siew pak choy with oyster sauce	Steam white rice Lemongrass chicken Sauteed mix vegetable	Fusilli pasta with mushroom Grill chicken breast with onion sauce Sauteed broccolli with spanish onion	Chicken corn dog French rice Garden salad with dressing	
	Drinks Fruit/Dessert	Warm water Orange	Warm water Orange	Warm water Jelly	Warm water USA red apple	

Menu Week 4

Meal Period		Monday 30 June 2025				
Breakfast	Meal Plan	Fried nissin noodles				
	Beverage	Warm milo				
Lunch	Meal Plan	Steam white rice Potato chicken Stir fried pak choy				
	Drinks Fruit/Dessert	Warm water Watermelon				