

Menu Week 1

Meal Period				Wednesday 1 October 2025	Thursday 2 October 2025	Friday 3 October 2025
Breakfast	Set A			French toast with vanilla dip	Home baked Japanese cheese cake	Deep fried sausage rolls
	Set B			Singapore fried bee hoon with fish cake, bean sprouts & fried shallots	Wonton noodles with BBQ chicken & choy sum	Chinese fried rice with spring onion, fried shallots & fish crackers
	Vegetarian			French toast with vanilla dip	Home baked Japanese cheese cake	Mini CLT sandwich
	Beverage			Soya bean drink	Herbal Chinese tea	Milo drink
Lunch	Set A			Pasta with mushroom cream sauce Roasted chicken with BBQ sauce Sautéed assorted vegetables Deep fried potato garlic bread	Home style pasta chicken bolognese Triangle garlic bread Homemade potato salad with onion Garden salad with French dressing	Pasta with tomato puree Chicken pop corn with dip Grilled assorted vegetables Roasted potato with garlic butter
	OR					
	Set B			Fragrant white rice Braised chicken with dark soy sauce Sautéed cauliflower with mushroom Japanese tofu Cantonese style	Steamed white rice Steamed local siakap fish fillet with black bean sauce & chili Sautéed choy sum with oyster sauce Chinese omelette with onion and carrot	Home style nasi minyak Ayam kurma Cucumber & pineapple pickles Round cabbage with turmeric powder
	Vegetarian			Fragrant white rice Deep fried vegetarian roll Sautéed cauliflower with mushroom Baked potatoes	Steamed white rice Stewed hard bean curd in soy sauce Sautéed choy sum Chinese omelette with carrot	Fragrant white rice Braised Japanese tofu with mushroom Sautéed green vegetables Sautéed round cabbage
	Drinks Dessert OR Fruit			Warm water Watermelon	Warm water Homemade pudding	Warm water Orange

Menu Week 2

Meal Period		Monday 6 October 2025	Tuesday 7 October 2025	Wednesday 8 October 2025	Thursday 9 October 2025	Friday 10 October 2025
Breakfast	Set A	Mini croissant with strawberry jam	Steamed assorted mini Chinese pau	Chef special French toast with Turkey ham	Scrambled eggs, baked beans & soft rolls	Home baked banana cake
	Set B	Belacan fried rice with fish crackers & lettuce	Maggi noodles with chicken cube, choy sum & bean sprouts	Nasi lemak with condiments & deep fried tempe	Cantonese fried noodles with fish cake and choy sum	Taiwan nissin noodles with siew pak choy & turkey ham slice
	Vegetarian	Mini croissant with strawberry jam	Steamed assorted mini Chinese pau	Chef special French toast with Turkey ham	Scrambled eggs, baked beans & soft rolls	Home baked banana cake
	Beverage	Fresh milk	Luo han guo herbal tea	Sugarcane drink	Warm milo	Barley drink
Lunch	Set A	Mac and cheese pasta Roasted chicken with demi glace Roasted potato with cream sauce Sautéed vegetables with oyster sauce	Breaded chicken breast served with light pepper corn sauce French fries Finger garlic bread Home style tuna pasta salad	Home style chicken lasagna Finger garlic bread Assorted salad with dressing Deep fries potatoes with oregano	Pasta with tomato puree with chicken cube and fresh basil Buttered vegetables with garlic Triangle garlic butter	Chicken burger Served with tomato, cucumber & cheddar cheese Assorted side salad with dressing French fries
	OR					
	Set B	Steamed white rice Ginger & spring onion chicken Japanese bean curd with mixed vegetables Sautéed siew pak choy with garlic	Fragrant white rice Chicken curry with potatoes Sautéed local green vegetables Deep fried bean curd	Steamed white rice Kalio chicken with dry chili Sautéed long cabbage with carrot Steamed eggs with light soy sauce	Steamed white rice Dry chili chicken cube Stir fried broccoli Braised egg plant with minced chicken	Steamed white rice Sweet & sour fish fillet Sautéed long beans with garlic Stir fried shredded egg with tomato sauce
	Vegetarian	Steamed white rice Stew bean curd with mushroom Sautéed siew pak coy Chinese omelette	Fragrant white rice Deep fried bean curd Sautéed green vegetables Steamed egg with soy sauce	Steamed white rice Stew bean curd with salted egg Sautéed long cabbage with carrot Deep fried Japanese bean curd	Fragrant white rice White bean curd with shredded carrot Stir fried broccoli flower with oyster sauce Braised egg plant with onion	Steamed white rice Hard bean curd with dark soy sauce Sautéed cucumber with mushroom Shredded egg with tomato sauce
	Drinks Dessert OR Fruit	Warm water Green apple	Warm water Honeydew	Warm water Red apple	Warm water Orange	Warm water Watermelon

Menu Week 3

Meal Period		Monday 13 October 2025	Tuesday 14 October 2025	Wednesday 15 October 2025	Thursday 16 October 2025	Friday 17 October 2025
Breakfast	Set A	Homemade mushroom cream soup with French bread	Homemade round donut coated with icing sugar	Chicken ham & lettuce in sweet bun	Vegetables fritter with Thai chili sauce	Japanese cheese cake slice
	Set B	Wonton noodles with BBQ chicken & choy sum	Chinese fried rice with small anchovies & fish crackers	Home style chee cheong fun with fu chuk	Singapore bee hoon with fish cake, bean sprouts & chives	Home style roti prata with homemade dhal and sambal
	Vegetarian	Homemade mushroom cream soup with French bread	Homemade round donut coated with icing sugar	Chicken ham & lettuce in sweet bun	Vegetables fritter with Thai chili sauce	Japanese cheese cake slice
	Beverage	Chrysanthemum tea	Low fat milk	Soya bean drink	Hot chocolate	Luo han guo herbal tea
Lunch	Set A	Agllo olio with shiitake mushroom onion & capsicum Roasted chicken with garlic sauce Sautéed green vegetables Potato and onion salad	Pasta with tomato concasse Deep fried chicken pop corn Roasted vegetables with thyme Sautéed potato with herb & butter	Fettuccine carbonara pasta Served with tringle garlic bread Steamed cauliflower with shredded egg Deep fried bean curd with salted egg	White curry mee with long beans tau fu pop/ eggplant/ hard boiled egg Bean sprouts and dry curry chicken	Chicken skewer with assorted vegetables Crinkle fries Pasta salad with long beans Triangle garlic bread
	OR					
	Set B	Steamed white rice Braised dark soy sauce chicken Sautéed mixed vegetables Japanese tofu with chopped mushroom	Fragrant chicken rice Roasted BBQ chicken served with cucumber slice & homemade chili Local yau mak with garlic sauce	Fragrant white rice Roasted chicken with honey glaze Stir fried petola with carrot and egg Chinese omelette with choy poh	Fragrant white rice Chicken pongteh Melaka style Hard bean curd with onion sambal Sautéed bean sprouts with salted fish Bean curd & chili	Biryani rice Chicken masala with potato cube Braised eggplant with sambal Poppadom
	Vegetarian	Steamed white rice Japanese tofu with mushroom Sautéed mixed vegetables Fried egg with tomato	Fragrant white rice Deep fried vegetarian duck roll Braised bean curd with soy sauce Sautéed petola with carrot flower	Steamed white rice Vegetarian fu chuk in tomato sauce Steamed egg with poh choy Bean curd with carrot	Steamed white rice Hard bean curd with light sambal Deep fried egg with Thai sauce Sautéed pak choy with onion	Biryani rice Potato masala Round cabbage turmeric Braised eggplant with oyster sauce
	Drinks Dessert OR Fruit	Warm water Mixed fruits	Warm water Mango pudding	Warm water Orange	Warm water Green apple	Warm water Chocolate pudding

Menu Week 4

Meal Period		Monday 20 October 2025	Tuesday 21 October 2025	Wednesday 22 October 2025	Thursday 23 October 2025	Friday 24 October 2025
Breakfast	Set A	PUBLIC HOLIDAY DEEPAVALI				
	Set B					
	Vegetarian					
	Beverage					
Lunch	Set A					
	OR					
	Set B					
	Vegetarian					
	Drinks Dessert OR Fruit					

Menu Week 5

Meal Period		Monday 27 October 2025	Tuesday 28 October 2025	Wednesday 29 October 2025	Thursday 30 October 2025	Friday 31 October 2025
Breakfast	Set A	Mini chicken sandwiches	Potato soup with home bake potato bun	Home baked mini chocolate muffin	Homemade vanilla pancake	Homemade chocolate wafer
	Set B	Kuey teow mamak style with tau fu pop, tomato, bean sprouts & choy sum	Cantonese yee mee with tick egg gravy	Nasi goreng with chicken cube, fried shallots & chives	Chicken porridge with condiments	Ipoh kuey teow soup with fish ball, spring onion, bean sprouts & fried shallot
	Vegetarian	Mini chicken sandwiches	Potato soup with home bake potato bun	Home baked mini chocolate muffin	Homemade vanilla pancake	Homemade chocolate wafer
	Beverage	Warm barley with pandan	Luo han guo herbal tea	Warm milo	Full cream milk	Soya bean drink
Lunch	Set A	Sautéed pasta with mushroom and oregano herb Deep fried boneless chicken with dip Baked vegetable casserole Potato with garlic butter	Japanese ramen with miso soup & wakame Naruto slice fish cake Crumble tempura and slice leeks Tepanyaki vegetables	Butter and raisin rice Chicken stroganoff with demi glace Roasted carrot with thyme Sautéed mixed vegetables with garlic	Penne pasta in tomato puree Stuffed chicken breast with cheese Turkey ham with pepper sauce Iceberg lettuce salad with condiments Homemade dressing	Home style corny dog Assorted garden salad with dressing Deep fried French fries Potato salad with gherkin
	OR					
	Set B	Steamed nasi minyak Roasted chicken with shallot & homemade sauce Sautéed round cabbage with dry shrimp Deep fried tempeh with light sambal	Steamed white rice Sweet and sour fish fillet Stir fried broccoli with carrot Japanese tofu with minced chicken & carrot	Tomato rice Ayam masak merah Cucumber & onion pickels Long beans with carrot Fish crackers	Steamed white rice Thai style sautéed minced chicken with fresh basil & chili Chinese style mixed vegetables Thai egg salad with onion and tomato	Fragrant white rice Home style fried chicken Stir fried long beans with sambal Stuffed hard bean curd with sweet Thai sauce
	Vegetarian	Steamed white rice Braised bean curd with mushroom Fried sunny side up egg Sautéed vegetables with oyster sauce	Steamed white rice Steamed egg with light soy sauce Tepanyaki vegetables Sautéed long cabbage with carrot	Tomato rice Stir fried siew pak choy Deep fried vegetarian roll Braised cauliflower with carrot	Steamed white rice Japanese bean curd with egg drop Sautéed long cabbage with fu yee Foo young egg with mushroom	Fragrant white rice Vegetarian lamb curry Sautéed potato with spring onion Stir fried leeks with mushroom
	Drinks	Warm water	Warm water	Warm water	Warm water	Warm water
	Dessert OR Fruit	Orange	Apple	Mixed fruits	Rainbow pudding	Watermelon