

Menu Week 1

Meal Period		Monday 1 September 2025	Tuesday 2 September 2025	Wednesday 3 September 2025	Thursday 4 September 2025	Friday 5 September 2025
Breakfast	Set A	REPLACEMENT PUBLIC HOLIDAY NATIONAL DAY	French toast with vanilla sauce	Mini chocolate wafer	Mini Chinese steamed bao	PUBLIC HOLIDAY PROPHET MUHAMMAD'S BIRTHDAY
	Set B		Chinese fried rice with chicken cube, shredded egg & lettuce	Singapore fried mee hoon with homemade crackers	Wonton noodles with BBQ roasted chicken & vegetables	
	Vegetarian		French toast with vanilla sauce	Mini chocolate wafer	Mini Chinese steamed bao	
	Beverage		Soybean milk	Warm chocolate	Herbal drink	
Lunch	Set A		Sautéed pasta with eggplant & chicken cube in tomato broth Homemade garlic bread Thyme roasted chicken with garlic sauce Assorted buttered vegetables	Breaded fish fillets with tartar sauce & French fries Homemade caesar salad Tuna niçoise with fusilli pasta	Spaghetti pasta with homemade chicken bolognese Assorted garden salad with Italian dressing Homemade garlic bread	
	OR					
	Set B		Steamed white rice Malay style honey sesame chicken Braised bean curd with mushroom Kailan with salted fish	Steamed white rice Jawa style chicken in thick soy sauce Sautéed long beans with garlic Onion omelette	Nasi minyak & papadom crackers Chicken rendang with potatoes Cucumber & pineapple pickles Deep fried hard bean curd with Thai sauce	
	Vegetarian		Steamed white rice Braised bean curd clay pot style Mixed vegetables Chinese style Deep fried vegetables roll	Vegetarian cutlet French fries Assorted salad with dressing Soft bun with blackberry jam	Fragrant white rice Deep fried hard bean curd with sweet sauce Sautéed green vegetables	
	Drinks Dessert OR Fruit		Warm water Fruits of the days	Warm water Watermelon	Warm water Red apple	

Menu Week 2

Meal Period		Monday 8 September 2025	Tuesday 9 September 2025	Wednesday 10 September 2025	Thursday 11 September 2025	Friday 12 September 2025
Breakfast	Set A	Home baked banana cake	Homemade pumpkin soup with French loaf	Chef special New York baked cheesecake	Home baked red bean puff pastry	Turkey ham & Romaine lettuce soft roll
	Set B	Hong Kong noodles in egg gravy with fish cake & vegetables	Fried kuey teow with chicken cube, fish cake, chives & bean sprout	Braised jajang noodles with shredded cucumber	Chinese fried rice with shredded egg, spring onion & crackers	Chicken congee with fried vermicelli, fried shallot & spring onion
	Vegetarian	Home baked banana cake	Homemade pumpkin soup with French loaf	Chef special New York baked cheesecake	Home baked red bean puff pastry	Turkey ham & Romaine lettuce soft roll
	Beverage	Warm milo	Barley drink	Low fat milk	Sugarcane drink	Luo han guo drink
Lunch	Set A	Pasta aglio olio with mushroom Pan-seared chicken breast with crushed pepper sauce Baked vegetables casserole Herb roasted potatoes	Butter & raisin rice Chicken stroganoff Sautéed French bean with garlic Steamed cauliflower with spring onion	Japanese udon noodles Miso soup, wakame, naruto fish cake, leeks & tempura crumble Teppanyaki vegetables Pumpkin tempura	Provençal penne pasta Roasted chicken with sautéed onion Sautéed broccoli Fried potato wedges	Homemade chicken slider French fries Garden salad with dressing Cucumber yogurt salad
	OR					
	Set B	Steamed white rice Chicken popcorn with dip Stir fried petola with chopped egg Bok choy with oyster sauce	Steamed white rice Chicken curry with potato Choy tam with oyster sauce Shredded egg with spring onion	Fragrant white rice Steamed seabass with black bean sauce Mixed vegetables with beancurd skin Japanese tofu with Cantonese sauce	Steamed white rice Roasted chicken with honey glaze Mixed curry vegetable with soft bean curd Sautéed potato with minced chicken	Fragrant white rice Patin fish with light sambal Sautéed egg plant with onion & garlic Stir fried French green beans with eggs
	Vegetarian	Steamed white rice Braised bean curd with taucu sauce Sautéed cucumber with oyster sauce Siew pak choy with carrot	Steamed white rice Steamed white bean curd with soy sauce Choy tam with mushroom Butter sautéed shiitake mushroom	Steamed white rice Deep fried vegetarian chicken Mixed vegetable with bean curd skin Chinese omelette	Steamed white rice Vegetarian lamb curry Sautéed potato with minced chicken Kailan with mushroom	Steamed white rice Steamed Shang Hai egg with soy sauce Sautéed egg plant Assorted vegetables
	Drinks Dessert OR Fruit	Warm water Watermelon	Warm water Orange	Warm water Green apple	Warm water Rose pudding	Warm water Honeydew

Menu Week 3

Meal Period		Monday 15 September 2025	Tuesday 16 September 2025	Wednesday 17 September 2025	Thursday 18 September 2025	Friday 19 September 2025
Breakfast	Set A	ADDITIONAL PUBLIC HOLIDAY MALAYSIA DAY	PUBLIC HOLIDAY MALAYSIA DAY	Mushroom soup with soft rolls	Homemade pandan pancake with vanilla sauce	Homemade chocolate lava cupcake
	Set B			Taiwan style nissin noodles soup, turkey ham & spring onion	Japanese fried rice with tamago & spring onion	Fried nissin noodles with fish cake, bean sprout with chili paste
	Vegetarian			Mushroom soup with soft rolls	Homemade pandan pancake with vanilla sauce	Homemade chocolate lava cupcake
	Beverage			Herbal tea	Full cream milk	Warm milo
Lunch	Set A			Homemade breaded chicken French fries Assorted salad with dressing Herb-grilled tomato & light pepper sauce	Creamy mushroom spaghetti Baked chicken breast with demi glace Buttered mixed vegetables Homemade gratin potato	Homemade chicken tortillas wrap Mashed potato with gravy Assorted mixed fruits salad Slice Japanese cucumber and tomatoes
	OR					
	Set B			Fragrant white rice Sweet & sour chicken cube Bean curd onion sambal Stir fried choy tam with garlic	Steamed white rice Steamed patin fish fillet with garlic soy sauce Sautéed long cabbage with mushroom Japanese bean curd with egg drop	Nasi minyak Dry chicken curry with potato Sautéed round cabbage with dried chili Deep fried petola with curry powder
	Vegetarian			Steamed white rice Hard bean curd with egg drop Local green vegetable Sautéed cabbage with tamarind	Steamed white rice Tomato and shredded egg Stir fried bean sprout Steamed cauliflower	Steamed white rice or tortillas Mashed potato Assorted mixed fruits salad Assorted salad with dressing
	Drinks Dessert OR Fruit			Warm water Orange	Warm water Red apple	Warm water Chocolate jelly

Menu Week 4

Meal Period		Monday 22 September 2025	Tuesday 23 September 2025	Wednesday 24 September 2025	Thursday 25 September 2025	Friday 26 September 2025
Breakfast	Set A	Home baked mini cup cake	Onion & carrot fritters with Thai sweet chili sauce	Homemade chicken soup with soft roll	Roti canai with homemade vegetarian dhal	Homemade sponge cake roll with buttercream
	Set B	Braised Hokkien noodles with fish cake, vegetables & fried shallots	Nasi goreng kampung with kangkung, chicken cube & homemade paste	Fried maggi mee with bean sprout, fish cake & egg	Singapore fried bee hoon with fried shallot, spring onion and crackers	Pandan nasi lemak with condiments, deep fried tempeh
	Vegetarian	Home baked mini cup cake	Onion & carrot fritters with Thai sweet chili sauce	Homemade chicken soup with soft roll	Roti canai with homemade vegetarian dhal	Homemade sponge cake roll with buttercream
	Beverage	Barley drink	Low fat milk	Warm milo	Herbal tea	Sugarcane drink
Lunch	Set A	Chicken Ala Kiew Stuffed with turkey ham and cheese Assorted salad with dressing Homemade pasta salad Fried crinkle fries	Spaghetti pasta with mushroom cream Deep fried pop corn chicken Sautéed long beans with garlic Assorted green vegetables with oyster sauce	Homemade chicken lasagna Assorted garden salad with dressing Garlic herb butter bread Coleslaw salad Tomato pronto sauce	White curry mee in a coconut curry broth Steamed salted chicken with soft bean curd, long beans, bean sprout Fried shallot and spring onion	Macaroni with assorted vegetables with cheddar cheese Roasted chicken with capsicum sauce Sautéed broccoli and carrots
	OR					
	Set B	Steamed white rice Steamed herbal chicken with red dates herbs & goji berries Steamed Chinese style egg with soy sauce Chinese mixed vegetables	Steamed white rice Deep fried chicken Chinese omelette with carrot and onion Siew pak choy in oyster sauce Japanese bean curd with egg drop	Fragrant white rice Kong poh style chicken cube Braised bean curd & assorted vegetables Sautéed spinach with salted egg	Nasi minyak Chicken rendang with potato Cucumber & pineapple pickles Egg sambal Round cabbage with turmeric	Fragrant white rice Termeloh patin with Melaka nyonya sauce Scrambled eggs with onion Stir fried bean sprout with salted fish
	Vegetarian	Fragrant white rice Vegetarian chicken cube in sauce Round cabbage with turmeric Deep fried bean curd	Steamed white rice Chinese omelette with carrot Siew pak choy with oyster sauce Hard bean curd clay pot style	Fragrant white rice Braised bean curd with vegetable Steamed cauliflower Fried foo chuk with dip	Steamed white rice Deep fried vegetarian duck Chinese style mixed vegetables Stir fried carrot	Steamed white rice Steamed egg with soy sauce Sautéed green vegetables with mushroom Japanese bean curd with carrot
	Drinks Dessert OR Fruit	Warm water Watermelon	Warm water Cendol pudding	Warm water Orange	Warm water Green apple	Warm water Honeydew

Menu Week 5

Meal Period		Monday 29 September 2025	Tuesday 30 September 2025			
Breakfast	Set A	French toast with turkey ham & cheese	Homemade velvet cake			
	Set B	Hong Kong yee mee noodles with fish cake & assorted vegetable in egg sauce	Thai fried rice with onion sambal, crackers & slice spring onion			
	Vegetarian	French toast with turkey ham & cheese	Homemade velvet cake			
	Beverage	Soybean drink	Full cream milk			
Lunch	Set A	Sautéed pasta with tomato sica Mushroom & onion slice Honey glazed baked sesame chicken Sautéed broccoli with carrot Roasted thyme herb potatoes	Grilled chicken breast with homemade mushroom sauce Fried French fries Assorted salad with dressing			
		OR				
		Steamed white rice Braised chicken with potato Sautéed cauliflower with carrot Steamed egg with light soy sauce	Tomato rice Ayam masak merah Cucumber & onion pickels Sambal potatoes			
	Vegetarian	Steamed white rice Vegetarian lamb cube Stir fried siew pak choy Roasted pumpkin	Steamed white rice Japanese bean curd with egg drop Sautéed green vegetables Sweet corn salad			
	Drinks Dessert OR Fruit	Warm water Watermelon	Warm water Orange			