Menu Week 2

Meal Period		Monday 5 May 2025	Tuesday 6 May 2025	Wednesday 7 May 2025	Thursday 8 May 2025	Friday 9 May 2025
Breakfast	Choice of 1	Mini French toast with syrup	Egg Sandwiches	Home baked mini muffin	Scramble egg & baked bean	Home baked banana cake
	Snacks	Fried low si fun	Shitake mushroom fried rice	Fried mee hoon Siam	Braised yee mee	Nasi lemak with condiments
	Vegetarian Snack	Mini French toast with syrup	Egg Sandwiches	Home baked mini muffin	Scramble egg & baked bean	Home baked banana cake
	Beverage	Warm barley with pandan	Warm chrysanthemum tea	Warm milo	Low fat milk	Luo han guo drink
Lunch	Choice of	Spaghetti with mushroom cream sauce Roasted chicken with gravy	Fusilli pasta with mushroom & onion Grilled fish fillet with back bean sauce	Vietnamese spring rolls goi cuon Crispy potato wedges	Linguine pasta with tomato pronto Curry roasted chicken	Mini assorted pizza French fries
	Set A	Broccoli with shallot oil	Baked cauliflower in cream sauce		Sautéed spinach with garlic	Garden salad with dressing
	OR					
	Set B	Fragrant white rice Hong Kong steamed herbal chicken Sautéed choy tam	Fragrant white rice Braised chicken with black mushrooms Stir fried siew pak choy	Pandan steam rice Roasted BBQ chicken Chinese style Bok choy with oyster sauce	Steamed white rice Ginger and spring onion fish fillet Stir fried white choy sum	Fragrant white rice Japanese egg tofu with minced chicken Stir fried chinese cabbage and carrot
	Vegetarian Dish	Fragrant white rice Braised vegetarian lamb Sautéed choy tam	Fragrant white rice Deep fried vegetarian fu chok Stir fried siew pak choy	Pandan steam rice Stir fied chicken vegetarian with sweet sauce Sautéed bok choy	Steamed white rice Deep fried hard bean curd with soy sauce Braised black mushroom	Fragrant white rice Steam tofu with egg white Stir fried chinese cabbage and carrot
	Drinks	Warm water	Warm water	Warm water	Warm water	Warm water
	Dessert OR Fruit	Watermelon	Home made coco jelly	USA red apple	Orange	Honeydew

Menu Week 3

Meal Period		Monday 12 May 2025	Tuesday 13 May 2025	Wednesday 14 May 2025	Thursday 15 May 2025	Friday 16 May 2025
Breakfast	Choice of 1		Home made butter cake	Home made sausage roll	Home baked donut	Chef special zebra Swiss roll
	Snacks		Penang fried kuey teow	Japanese fried rice with tamago	Singapore fried mee hoon	Wanton noodles with bbq chicken
	Vegetarian Snack		Home made butter cake	Cheese sandwich	Home baked donut	Chef special zebra Swiss roll
	Beverage		Milk tea	Warm milo	Full cream milk	Soya bean milk
Lunch	Choice of Set A		Burger Ramly style French fries Garden salad with dressing	Home style fried rice Nam Yue fried chicken wings Sautéed green vegetable Chinese style	Linguini pasta aglio olio Roasted chicken with plum sauce Roasted potato salad	Biryani rice Dry chicken curry with potatos Fresh assorted cucumber and tomato with mint mayo
	OR					
	Set B	PUBLIC HOLIDAY	Fragrant white rice Baked chicken butter milk sauce Stir fried long beans and carrot	Steamed white rice Sweet and sour fish fillet Sautéed broccoli	Steamed mushroom rice Braised bean curd with minced chicken and mushroom Stir fried Chinese style vegetables	Steamed white rice Fish curry with tomato and long beans Sautéed cabbage with tumeric
	Vegetarian Dish		Fragrant white rice Deep fried bean curd with chili sauce Stir fried long beans and carrot	Steamed white rice Deep fried vegetarian chicken Sautéed broccoli	Steamed mushroom rice Braised mushroom with broccoli Stir fried Chinese style vegetable	Biryani rice Steamed egg with light soy sauce Sautéed potato with oyster sauce
	Drinks		Warm water	Warm water	Warm water	Warm water
	Dessert OR Fruit		Home made pudding	Honeydew	Papaya	Green apple

Menu Week 4

Meal Period		Monday 19 May 2025	Tuesday 20 May 2025	Wednesday 21 May 2025	Thursday 22 May 2025	Friday 23 May 2025
Breakfast	Choice of 1	Red velvet slice cake	Nasi lemak with condiments	Mini chocolate wafer	Mini French toast	Roti canai with dhal
	Snacks	Stir fried nissin noodles	Fried mee mamak	Penang fried kuey teow	Chee cheong fun	Bombay fried mee hoon
	Vegetarian Snack	Red velvet slice cake	Nasi lemak with condiments	Mini chocolate wafer	Mini French toast	Roti canai with dhal
	Beverage	Warm barley with pandan	Warm chrysanthemum tea	Warm milo	Low fat milk	Sugarcane drink
Lunch	Choice of Set A	Linguini pasta with shitake cream sauce Fried chicken with spices Sautéed long cabbage with mushroom	Cheesy baked chicken macaroni Mushroom and potato salad	Spaghetti aglio olio Pop corn chicken Caramelized roasted pumpkin	Fusilli pasta with shredded turkey ham Roasted chicken with basil herb Sautéed vegetables Thai style	Angel hair with mushroom & onion Grilled chicken breast with BBQ glaze Steamed vegetables with garlic
	OR					
	Set B	Steamed white rice Deep fried fish finger with tartar sauce Sautéed cauliflower with shredded egg	Nasi minyak Ayam masak merah Cucumber & pineapple pickles	Nasi Arab Indonesia style chicken rendang Stir fried French beans and carrots	Fragrant white rice Indonesia fried egg with minced chicken Stir fried mixed chinese vegetables	Steamed white rice Deep fried fish fillet with sambal Mushroom and bean curd clay pot style
	Vegetarian Dish	Steamed white rice Braised bean curd with dark soya sauce Sautéed cauliflower	Steamed white rice Japanese omelette with tomato Japanese bean curd with egg gravy	Steamed white rice Seremban Chinese omelette Stir fried French beans and carrots	Fragrant white rice Japanese round bean curd with egg drop Stir fried mixed chinese vegetables	Fragrant white rice Roasted eggplant Mushroom and bean curd clay pot style
	Drinks	Warm water	Warm water	Warm water	Warm water	Warm water
	Dessert OR Fruit	Orange	Papaya	Watermelon	USA red apple	Fruit jelly

Menu Week 4

Meal Period		Monday 26 May 2025	Tuesday 27 May 2025	Wednesday 28 May 2025	Thursday 29 May 2025	Friday 30 May 2025
Breakfast	Choice of 1	Toasted bread with blueberry filling	Pandan roll with cream	Home baked banana cake	French toast with syrup	Steamed mini Chinese pau
	Snacks	Wanton noodles with bbq chicken	Braised yee mee Hong Kong style	Chinese fried rice	Hong Kong noodles	Thai fried rice
	Vegetarian Snack	Toasted bread with blueberry filling	Pandan roll with cream	Home baked banana cake	French toast with syrup	Steamed mini Chinese pau
	Beverage	Soya bean milk	Herbal tea	Warm milo	Full cream milk	Luo han guo drink
Lunch	Choice of Set A	Tomyam mee hoon soup with mushroom and coriander Fish ball and crab stick	Sautéed fettuccine pasta with bell pepper Pan-seared chicken breast with cheese Broccoli with shallot oil	Spaghetti carbonara Grilled chicken with paprika Assorted vegetables with mushroom	Penne pasta with mushroom and onion Pop corn chicken with dip Cauliflower with carrot	Mac and cheese Roasted chicken with butter milk Baked vegetables
	OR					
	Set B	Steamed white rice Chicken kalio Sautéed siew pak choy	Steamed white rice Marmite chicken Stir fried yau mak with garlic	Fragrant white rice Pan fried fish fillet with onion sauce Chinese cabbage with carrot	Fragrant white rice Ginger and spring onion fish fillet Round cabbage with shredded carrot	Steamed white rice Deep fried chicken with garlic sauce Sautéed choy tam with garlic
	Vegetarian Dish	Steamed white rice Steamed Japanese tau foo Sautéed eggplant	Steamed white rice Chinese omelette with choy poh Stir fried yau mak	Fragrant white rice Braised hard bean curd with soya sauce Chinese cabbage with carrot	Fragrant white rice Vegetarian lamb Round cabbage with shredded carrot	Steamed white rice Chinese omelette with mushroom Sautéed choy tam
	Drinks	Warm water	Warm water	Warm water	Warm water	Warm water
	Dessert OR Fruit	Honeydew	Home made fruit jelly	USA red apple	Watermelon	Papaya