

Menu Week 1

Meal Period				Wednesday 1 May 2024	Thursday 2 May 2024	Friday 3 May 2024
Breakfast	Choice of 1 Snacks			PUBLIC HOLIDAY	Butter Cake Fried Singapore mee hoon Butter Cake	Strawberry filled French toast Chinese fried rice Strawberry filled French toast
	Vegetarian Snack				Home made soya bean	Warm milo
Beverage						
Lunch	Choice of					
	Set A				Home style white curry mee Steamed chicken/ long bean /taufu pop bean sprout	Kedah mee hoon soup Shredded chicken/ fried shallot bean sprouts/ spring onion
	OR					
Set B	Steamed white rice Deep fried fish fillet with sezuan sauce Assorted green vegetables	Nasi minyak Chicken kurma Tumeric cabbage with carrot				
Vegetarian Dish	Fragrant white rice Hard boiled egg with sambal Stir fried long beans	Steamed white rice Braised tau kan with mushroom Stir fried pak choy with carrot				
Drinks Dessert OR Fruit		Warm water Honeydew	Warm water Home made jelly			

Menu Week 2

Meal Period		Monday 6 May 2024	Tuesday 7 May 2024	Wednesday 8 May 2024	Thursday 9 May 2024	Friday 10 May 2024
Breakfast	Choice of 1 Snacks	Marble cake Fried low si fun Marble cake	Tuna sandwiches Shitake mushroom fried rice Tuna sandwiches	Home baked mini muffin Fried mee hoon Siam Home baked mini muffin	Home baked banana cake Braised yee mee Home baked banana cake	Chicken sandwiches Nasi lemak with condiments Chicken sandwiches
	Vegetarian Snack					
Beverage	Home made herbal tea	Warm barley with pandan	Warm milo	Full cream milk	Soya bean milk	
Lunch	Choice of	Spaghetti with mushroom cream sauce Roasted chicken with gravy Assorted green vegetables	Fusilli pasta with mushroom & onion Grilled fish fillet with black bean sauce Baked cauliflower in cream sauce	Macaroni pasta au gratin Crispy herb baked chicken with brown sauce Herbal steamed potato	Sautéed linguini pasta with tomato pronto Deep fried fish fillet with Thai sauce Braised mah poh tau foo	Ipoh mee hoon soup Shredded chicken / bean sprout spring onion/ fry shallot / too foo
	Set A					
	OR					
	Set B	Steamed fragrant white rice Hong Kong steamed herbal chicken Sautéed egg plant	Steamed fragrant white rice Sweet sour chicken Stir fried french beans with carrot	Pandan steamed rice Roasted BBQ Chicken Chinese style Chinese cabbage with shredded carrot	Steamed fragrant white rice Braised chicken with black mushroom Sautéed cauliflower with shredded egg	Fragrant white rice Ginger and spring onion fish fillet Stir fried sweet turnip with Chinese mushroom
Vegetarian Dish	Steamed white rice Braised vegetarian lamb Local choy tam	Steamed fragrant white rice Deep fried vegetarian fu chok Stir fried siew pak choy	Pandan steamed rice Stir fried chicken vegetarian with sweet sauce Stir fried kailan	Steamed white rice Deep fried hard bean curd with carrot Braised black mushroom	Fragrant white rice Steamed tau foo with egg white Stir fried sweet turnip with Chinese mushroom	
Drinks Dessert OR Fruit	Warm water Watermelon	Warm water Home made coco jelly	Warm water Honey melon	Warm water Assorted mix fruits	Warm water Solo papaya	

Menu Week 3

Meal Period		Monday 13 May 2024	Tuesday 14 May 2024	Wednesday 15 May 2024	Thursday 16 May 2024	Friday 17 May 2024
Breakfast	Choice of 1 Snacks	Toast brown bread with kaya Penang fried kuey teow	Home baked donut Fried mee mamak style	Home made sausage roll Japanese fried rice with tamago	Mini tuna sandwiches Singapore fried mee hoon	Chef special zebra swiss roll Wanton noodles with bbq chicken
	Vegetarian Snack	Toast brown bread with kaya	Home baked donut	Vege fried rice	Mini tuna sandwiches	Chef special zebra swiss roll
	Beverage	Warm barley	Warm chrysanthemum tea	Soya bean milk	Sugarcane drink	Hot chocolate
Lunch	Choice of Set A	Butter rice with raisins Roasted chicken with light pepper sauce Sautéed chinese cabbage with dried mushroom	Home made burger Ramly style Fresh garden salad with dressing Deep fried French fries	Linguini pasta aglio olio Grilled fish with lemon grass cream sauce Roasted potato salad	Sautéed spaghetti pasta in tomato broth Roasted chicken with plum sauce Sautéed broccoli and cauliflower	Biryani rice Roasted chicken tandoori Fresh assorted cucumber and tomato with mint mayo
	OR					
	Set B	Steamed white rice Steamed egg with minced chicken Braised mah poh tau foo	Fragrant white rice Baked chicken butter milk sauce Round cabbage turmeric	Steamed white rice Chicken curry with tomato Stir fried long beans	Steamed mushroom rice Chicken omelette Stir fried Chinese style vegetables	Steamed white rice Deep fried sesame chicken Sautéed cabbage turmeric
	Vegetarian Dish	Steamed white rice Stew bean curd with long beans Stir fried pak choy	Fragrant white rice Deep fried bean curd with chili sauce Steam carrot with thyme	Steamed white rice Deep fried vegetarian chicken Local choy tam	Pilaf rice Braised mushroom with broccoli Stir fried Chinese style vegetables	Butter rice Steamed egg with light soya sauce Sautéed potato with oyster sauce
	Drinks Dessert OR Fruit	Warm water Honeydew pudding	Warm water Red apple	Warm water Lychee jelly	Warm water Orange	Warm water Mixed fruit

Menu Week 4

Meal Period		Monday 20 May 2024	Tuesday 21 May 2024	Wednesday 22 May 2024	Thursday 23 May 2024	Friday 24 May 2024
Breakfast	Choice of 1 Snacks	Red velvet slice cake Stir fried nissin noodles	Nasi lemak with condiments Chee cheong fun with fu chok	PUBLIC HOLIDAY	Mini French toast Bombay fried mee hoon	Roti canai with dhal Cantonese kuey teow
	Vegetarian Snack	Red velvet slice cake	Nasi lemak with condiments		Mini French toast	Roti canai with dhal
	Beverage	Soya bean milk	Warm barley		Full cream milk	Herbal tea
Lunch	Choice of Set A	Linguini pasta with shitake cream sauce Fried chicken with spices Sautéed long cabbage with mushroom	Indonesia style noodles soup Shredded chicken/ bean sprout Fried shallot / spring onion		Fusilli pasta with shredded turkey ham Roasted chicken with basil herb Sautéed vegetables Thai style	Sautéed pasta with onion & mushroom Grilled chicken breast with BBQ glaze Potato and mushroom salad
	OR					
	Set B	Steamed white rice Deep fried fish finger with tartar sauce Cauliflower with shredded egg	Steamed white rice Shanghai herbal chicken Stir fried siew pak choy	Nasi minyak Indonesia fried egg with minced chicken Soft bean curd with oyster sauce	Fragrant mushroom rice Baked fish fillet with tomato & cheese Stir fried Chinese cabbage	
	Vegetarian Dish	Steamed white rice Braised bean curd with dark soya sauce Sautéed long cabbage	Steamed white rice Japanese omelette with tomato Japanese bean curd with egg gravy	Steamed white rice Japanese round bean curd with egg drop Hard bean curd with oyster sauce	Fragrant mushroom rice Mushroom and bean curd clay pot style Stew bean curd with soy sauce	
	Drinks Dessert OR Fruit	Warm water Watermelon	Warm water Fruit jelly	Warm water Green apple	Warm water Honeydew melon	

Menu Week 5

Meal Period		Monday 27 May 2024	Tuesday 28 May 2024	Wednesday 29 May 2024	Thursday 30 May 2024	Friday 31 May 2024
Breakfast	Choice of 1 Snacks	Toast bread with blueberry filling Wonton noodles with bbq chicken Toast bread with blueberry filling	Wafer with chocolate Braised yee mee Hong Kong style Wafer with chocolate	Home baked banana cake Chinese fried rice Home baked banana cake	French toast with syrup Fried mee hoon with fish cake French toast with syrup	Steamed mini Chinese pau Thai fried rice Steamed mini Chinese pau
	Vegetarian Snack					
	Beverage	Warm chrysanthemum tea	Warm milo	Thai milk tea	Hot chocolate	Pandan and barley drink
Lunch	Choice of Set A	Home made chicken pizza thin crust with assorted filling and cheese Crinkle cut fries Green salad with dressing	Angel hair pasta aglio olio Pan seal chicken breast with cheese Broccoli with shallot oil	Penne Neapolitan Grilled chicken with paprika Assorted vegetables with mushroom	Baked pasta with cheddar cheese Pop corn chicken with dip Cauliflower with carrot	Indonesia style noodles soup Fish ball/ spring onion / fry shallot bean sprout & choy poh broth
	OR					
	Choice of Set B	Steamed white rice Sweet and sour fish fillet Stir fried long beans and carrot with egg	Butter rice Bean curd with chicken and mushroom Stir fried yau mak with garlic	Fragrant white rice Pan fried fish fillet with onion sauce Long cabbage with carrot	Steamed white rice Ginger and spring onion fish fillet Round cabbage with shredded carrot	Steamed white rice Deep fried chicken with garlic sauce Chinese cabbage with dry mushroom
	Vegetarian Dish	Fragrant white rice Steamed Japanese tau foo Sautéed egg plant	Steamed white rice Chinese omelette with choy poh Yau mak tam with sesame oil	Fragrant white rice Braised hard bean curd with soya sauce Long cabbage with carrot	Steamed white rice Vegetarian lamb Round cabbage with shredded carrot	Steamed white rice Chinese omelette with mushroom Chinese cabbage
	Drinks Dessert OR Fruit	Warm water Orange	Warm water Watermelon	Warm water Homemade jelly	Warm water Honeydew melon	Warm water Lychee jelly